

# FEAR

**DEFINITION OF FEAR: Dan Allendar – “Uncertainty in the face of threat or danger”**

**“All of us fear what we can’t control. Fear is provoked when the threat of danger, physical or relational, exposes our inability to preserve what we most deeply cherish. We feel fear when core, life-giving dreams that are the basis of our personal identity are threatened with extinction.”**

**WHAT FEAR CAN CAUSE:**

- A distortion of reality
- A paralysis, incapable of moving on
- Inhibition in the enjoyment of God
- A false perception of God (He becomes too small)
- A false perception of ourselves
- A false perception of the danger (It becomes bigger than it is)
- Lying
- Nagging
- Manipulation
- Fatigue
- Frustration
- Health Problems
- Wandering Thoughts
- Lack of Influence
- Loss of Intimacy with God
- Procrastination
- Barren Living (Surviving, but not Thriving)
- Loss of Strength
- Hopelessness
- Running

**THE SOLUTION:**

**Running is the answer! But, it’s not running away from the problem, but TO GOD! “It all boils down not to whether we fear, but what and whom we fear.” The more we fear God, the less we will fear man. “Perfect love drives out fear.” 1 John 4:18.**

**More Helpful Scriptures: Isaiah 30:15-19; 26:3; 55:8-9; 2 Cor. 10:5; Phil. 4:8; Ps. 147:11; Prov. 29:25; Luke 12:4-5; John 14:1, 27; Ps. 86:11; Jer. 32:38-39**

# **FEAR AND LOVE IN 1 JOHN 4:18-19 and 1 COR. 13:4-8**

***“Perfect love drives out fear.”***

## ***LOVE IS PATIENT***

Fear is Impatient – Fearful that our expectations won’t be realized or

Fearful that if something is not done NOW, it never will be

## ***LOVE IS KIND***

Fear is Unkind – Fearful that if we give an inch, they will take a yard

## ***LOVE DOES NOT ENVY***

Fear is Envious – Fearful of dissatisfaction

## ***LOVE DOES NOT BOAST***

Fear is Boastful – Fearful others won’t notice your accomplishments

## ***LOVE IS NOT PROUD***

Fear is Proud – Fearful of being co-dependent, even on God

## ***LOVE IS NOT RUDE***

Fear is Rude – Fearful someone will hurt your heart if there is no tough exterior

## ***LOVE IS NOT SELF-SEEKING***

Fear is Self-Seeking – Fearful that you may lose your place

## ***LOVE IS NOT EASILY ANGERED***

Fear is Easily Angered – Fearful that if you don’t fight for yourself, no one will

## ***LOVE KEEPS NO RECORD OF WRONGS***

Fear does keep a Record of Wrongs – Fearful that they won’t “get it” if you don’t point it out

## ***LOVE DOES NOT DELIGHT IN EVIL***

Fear does Delight in Evil – Fearful that your hurt will be minimized if  
You focus on their need and not their fault

## ***LOVE REJOICES WITH THE TRUTH***

Fear is comfortable with Lies – Fearful to trust in what is healthy and stable because it is not familiar

## ***LOVE ALWAYS PROTECTS, TRUSTS, HOPES, PERSEVERES***

Fear doesn’t Protect, Trust, Hope or Persevere – Fearful that the safety of another may mean danger for you; Fearful that keeping a steady gaze on God will mean no eyes on you; Fearful that the promises of God really won’t be kept; Fearful that God is not enough.

## ***LOVE NEVER FAILS!***

“Love never fails, but fear is destined to fail!”